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| **Course title** | **The Basics of Providing Psychological Help and Support** |
| **Course director** | Josip Bošnjaković, Ph.D. |
| **Learning outcomes** | After successfully completing the course, the student will be able to:1. Present the goals of counselling.2. Present the theoretical basis of individual psychotherapeutic approaches.3. Compare different psychotherapeutic directions.4. Critically judge individual psychotherapeutic approaches.5. Achieve communication skills with people who seek psychological support and help.6. Provide the basics of psychological help and support in their daily work. |
| **The link between learning outcomes, teaching methods and evaluation** | Teaching activity | ECTS | Learning outcome | Student activity | Methods of assessment | Points |
| min | max |
| Lecture attendance | 1 | 1-6 | Presence at classes | Records | 20 | 30 |
| Written paper | 0.25 | 1-6 | Writing the paper | 1 written paper | 12 | 20 |
| Exercises | 0.35 | 1-6 | Exercises in pair or in group | Observation and records of the work in pair or in group | 15 | 25 |
| Final exam | 0.40 | 1-6 | Revision | Oral exam | 15 | 25 |
| Total: | 2 |  |  |  | 62 | 100 |
| **Class hours per week** | 1/SS |
| **Teaching language (min. 5 students)** | Italian |
| **Language of consultation** | Italian, English, German |