**Incoming student mobility**

**UNIOS University Unit: Faculty of Dental Medicine and Health in Osijek**

**COURSES OFFERED IN FOREIGN LANGUAGE**

**FOR ERASMUS+ INDIVIDUAL INCOMING STUDENTS**

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| Department or Chair within the UNIOS Unit  | Department of PsychiatryFaculty of Dental Medicine and Health Osijek, Josip Juraj Strossmayer University of Osijek |

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| Study program  | University Undergraduate Study in Physiotherapy |

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| Study level |  2nd year |

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| Course title | Health Psychology |
| Course code (if any) |  |
| Language of instruction | English |
| Brief course description | By mastering the content of the course the student will be able to: evaluate a modern, holistic, biosociopsychological approach to health and illness, explain the impact of psychosocial factors on health and illness, identify psychological reactions to physical illness, plan psychological preparation of patients for medical procedures, apply psychological knowledge and skills in preservation health, diagnosis, treatment and rehabilitation. Course contents: Definition of Health Psychology, Possibilities of Application of Psychological Knowledge and Skills in Health Care, Diagnosis, Disease Treatment and Rehabilitation, Role of Health Psychology in Increasing the Effectiveness of Health Practices and Health Savings, Modern Integrated Biosociopsychological Approaches in Health, Forms of Health Behavior and Health Counseling, Psychological Impact physical illnesses, psychological stress and illnesses, basic concepts of psychoneuroimmunology, ways of suppressing the effects of stress on health, psychological reactions to physical illnesses, problems of psychological adjustment to hospital stay, ways of relieving fear and anxiety during illness, psychological reactions to serious injuries, psychological problems of the disabled and ways of adjusting to the disability, psychological mechanisms of pain, psychological factors acting on pain, psychological methods of pain therapy, psychological problems of dying patients. |
| Form of teaching | 15 class hours of lectures (1 group)15 class hours of seminars (1 group) |
| Form of assessment | Written and oral exam |
| Number of ECTS | 2 |
| Class hours per week | 30 |
| Minimum number of students  | 30 |
| Period of realization  | December |
| Lecturer | Professor Pavo Filaković, MD, PhD |